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illnesses with natural therapies. Both serve on the Board of Directors of the prestigious Weston A. Price Foundation, which is dedicated to providing the knowledge parents need for raising optimally healthy

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of her ideas are based on studies done by Weston A. Price, a dentist who traveled the world in the 1900s. He looked at the correlation between tooth decay and food choices.

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Sally Fallon Morell is best known as the author of Nourishing Traditions®: The

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April 2003. by Sally Fallon  
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is actually a cook book.

It's full of recipes, and also packed with absolutely fascinating information in the sidebars of every page. Sally Fallon is a nutrition researcher, and the president of the Weston A.



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