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Nutrition: Science and Applications, Canadian Edition. Home. Browse by Chapter. Browse by Chapter. Browse by Resource. Browse by Resource. More Information. More Information. Title Home on Wiley.com . How to Use This Site. Table of Contents. Table Of Contents. Chapter 1: Nutrition: Food for Health.

*Smolin, Grosvenor, Gurfinkel: Nutrition: Science and ...*

- Nutrition is a science that encompasses all the interactions that occur between living organisms and food. Canadians today are eating more fast food, processed foods, and prepared foods and spending less time preparing meals and eating at home than 50 years ago. This is affecting the healthfulness of the diet.

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Test Bank for Smolin, Nutrition and Science Applications, Second Canadian Edition. c) they are higher in fat, sugar, or salt d) All of the above answer choices are correct.

## *Nutrition: Science and Applications 2nd Canadian Edition ...*

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4 PART 1 NUTRITION BASICS AND APPLICATIONS Daily Reference Values (DRVs): a set of values that covers nutrients, such as fat and fiber, that do not appear in the RDA tables. Expressed as % Daily Value (%DV). Diet: (a) the foods that a person eats most frequently; (b) food considered in terms of its qualities and effects

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