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Whether it is chosen or thrust upon you, change brings both opportunities and turmoil. Since first published 25 years ago, Transitions has helped hundreds of thousands of readers cope with these issues by providing an elegantly simple yet profoundly insightful roadmap of the transition process. With the understanding born of both personal and professional experience, William Bridges takes readers step by step through the three stages of any transition: The Ending, The Neutral Zone, and, in ...

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Managing Transitions 25th anniversary edition. William Bridges,Susan Bridges 10 January 2017 Da Capo Press . The business world is constantly transforming. When restructures, mergers, bankruptcies, and layoffs hit the workplace, employees and managers naturally find the resulting situational shifts to be challenging. But the psychological ...

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Managing Transitions was timely when it first appeared twenty-five years ago. It is even more relevant now, at a time of unprecedented change and transition. The Bridges' deep understanding of how we experience the destabilizing forces of change—and their well-tested strategies for helping people through it—are more important than ever.

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The 25th anniversary edition describes the book as “the best-selling guide to dealing with the human side of organizational change.” I’ve recommended the book to almost every one of my clients. Change is a given—but how thoughtful leaders, managers, and board members handle the psychological impact of transitions requires both understanding the problem and executing three critical steps:

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Managing Transitions, 25th anniversary edition (Paperback) Making the Most of Change. By William Bridges, Susan Bridges. Da Capo Lifelong Books, 9780738219653, 208pp. Publication Date: January 10, 2017

Managing Transitions, 25th anniversary edition: Making the ...

Fast forward to Lencioni’s foreword in the 25th anniversary edition of “Managing Transitions: Making the Most of Change.” Lencioni writes, “All too often, people and organizations that are confronted with change find themselves struggling and don’t know why.

The business world is constantly transforming. When restructures, mergers, bankruptcies, and layoffs hit the workplace, employees and managers naturally find the resulting situational shifts to be challenging. But the psychological transitions that accompany them are even more stressful. Organizational transitions affect people; it is always people, rather than a company, who have to embrace a new situation and carry out the corresponding change. As veteran business consultant William Bridges explains, transition is successful when employees have a purpose, a plan, and a part to play. This indispensable guide is now updated to reflect the challenges of today’s ever-changing, always-on, and globally connected workplaces. Directed at managers on all rungs of the corporate ladder, this expanded edition of the classic bestseller provides practical, step-by-step strategies for minimizing disruptions and navigating uncertain times.

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The best-selling guide for coping with changes in life and work, named one of the 50 all-time best books in self-help and personal development Whether you choose it or it is thrust upon you, change brings both opportunities and turmoil. Since Transitions was first published, this supportive guide has helped hundreds of thousands of readers cope with these issues by providing an elegantly simple yet profoundly insightful roadmap of the transition process. With the understanding born of both personal and professional experience, William Bridges takes readers step by step through the three stages of any transition: The Ending, The Neutral Zone, and, eventually, The New Beginning. Bridges explains how each stage can be understood and embraced, leading to meaningful and productive movement into a hopeful future. With a new introduction highlighting how the advice in the book continues to apply and is perhaps even more relevant today, and a new chapter devoted to change in the workplace, Transitions will remain the essential guide for coping with the one constant in life: change. Directed at managers and employees in today’s corporations, where change is necessary to revitalize and improve corporate performance, this guide addresses the fact that it is people that have to carry out the change.

Celebrating 40 years of the best-selling guide for coping with life’s changes, named one of the 50 all-time best books in self-help and personal development -- with a new Discussion Guide for readers, written by Susan Bridges and aimed at today’s current people and organizations facing unprecedented change First published in 1980, Transitions was the first book to explore the underlying and universal pattern of transition. Named one of the fifty most important self-help books of all time, Transitions remains the essential guide for coping with the inevitable changes in life. Transitions takes readers step-by-step through the three perilous stages of any transition, explaining how each stage can be understood and embraced. The book offers an elegant, simple, yet profoundly insightful roadmap to navigate change and move into a hopeful future: Endings. Every transition begins with one. Too often we misunderstand them, confuse them with finality -- that’s it, all over, finished! Yet the way we think about endings is key to how we can begin anew. The Neutral Zone. The second hurdle: a seemingly unproductive time-out when we feel disconnected from people and things in the past, and emotionally unconnected to the present. Actually, the neutral zone is a time of reorientation. How can we make the most of it? The New Beginning. We come to beginnings only at the end, when we launch new activities. To make a successful new beginning requires more than simply persevering. It requires an understanding of the external signs and inner signals that point the way to the future.

Celebrating 40 years of the best-selling guide for coping with life’s changes, named one of the 50 all-time best books in self-help and personal development -- with a new Discussion Guide for readers, written by Susan Bridges and aimed at today’s current people and organizations facing unprecedented change First published in 1980, Transitions was the first book to explore the underlying and universal pattern of transition. Named one of the fifty most important self-help books of all time, Transitions remains the essential guide for coping with the inevitable changes in life. Transitions takes readers step-by-step through the three perilous stages of any transition, explaining how each stage can be understood and embraced. The book offers an elegant, simple, yet profoundly insightful roadmap to navigate change and move into a hopeful future: -Endings. Every transition begins with one. Too often we misunderstand them, confuse them with finality -- that’s it, all over, finished! Yet the way we think about endings is key to how we can begin anew.-The Neutral Zone. The second hurdle: a seemingly unproductive time-out when we feel disconnected from people and things in the past, and emotionally unconnected to the present. Actually, the neutral zone is a time of reorientation. How can we make the most of it? -The New Beginning. We come to beginnings only at the end, when we launch new activities. To make a successful new beginning requires more than simply persevering. It requires an understanding of the external signs and inner signals that point the way to the future.

This classic, newly updated, is an indispensable source for anyone—from mid-level managers to CEOs—who must execute key business initiatives quickly and effectively. Once groundbreaking and now time-honored, Managing at the Speed of Change has helped countless business leaders learn how to orchestrate transitions vital to their organizations’ success. Rather than focusing on what to change, this book’s aim is far more valuable: It shows readers how to change. Daryl R. Conner, founder and chairman of the consulting firm Conner Partners, is a leading expert on change management. He has served as “change doctor” for clients that include non-profit enterprises, government agencies and administrations, and Fortune 500 companies in an array of industries such as Abbott Laboratories, PepsiCo, American Express, Catholic Healthcare West, JPMorgan Chase, and the U.S. Navy. Based on Conner’s long-term research and his decades of consulting experience, Managing at the Speed of Change uses simple, easy-to-understand language and elegant visuals to explore the dynamics of change, and in doing so, teaches readers • why major change is difficult to assimilate • what distinguishes resilient individuals from those who suffer future shock • how and why resistance forms • how people become committed to change • why organizational culture is so important to the success of change • the roles most central to change in organizational settings • why powerful teamwork is at the heart of achieving change objectives, and how to foster it In this pioneering book, updated for the twenty-first century, Conner demonstrates how both individuals and organizations can develop the capacity not only to endure change but to thrive on it.

"In today's new business environment, workers must begin to think of themselves as independent contractors, not lifetime employees"

Management guru Jill Geisler has coached countless men and women who want to build their leadership skills, help employees do their best work, and make workplaces happy and successful. In WORK HAPPY, she provides a practical, step-by-step guide, based on real-world experience, respected research, and lessons that will transform managers and their teams. It's a workshop-in-a-book, designed to produce positive, immediate and lasting results. Whether the reader is an experienced manager, a rookie boss or an aspiring leader, WORK HAPPY will supercharge their skills and celebrate the values that make anyone look forward to going to work. Jill Geisler offers concrete steps for improving each element of management including collaboration, communication, conflict resolution, motivation, coaching, and feedback, so that everyone on the team-whether in the office or working offsite-can do their best. WORK HAPPY takes management skills to the next level and proves that learning, leadership and life at work can (and should) be fun.

Every day the newspapers report more corporate mergers and restructuring. Every day thousands of lives are altered by these changes. Most managers and employees, however, do not have the experience to effectively work through such transitions. In Managing Transitions, William Bridges provides a clear understanding of what change does to employees and what employees in transition can do to an organization, and he shows how to minimize the distress and disruptions caused by change.Directed at managers and employees in today's corporations, where change is necessary to revitalize and improve corporate performance, Managing Transitions addresses the fact that it is people who have to carry out the change. It not only talks about what should be done, but also shows how to do it, giving managers practical ways to bring the people "on board." Armed with this new information, managers will look at future changes in a new way, no longer feeling anxious and hopeless, but rather looking at opportunities.Everybody talks about "managing change" and "resistance to change," but Bridges is the first to talk about what is going on inside the people who have to make the change work. He is the first to provide any real sense of the emotional impact of change and what can be done to keep it from disrupting the entire organization. Bridges's years of experience helping organizations and individuals successfully take control of change has proven the need for specific, concrete guidelines for dealing with change. Managing Transitions provides these guidelines.