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Fuchsia Dunlop: Writer and  
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Land of Fish and Rice by the  
revered British pro Fuchsia  
Dunlop is a focused  
exploration of the food of  
Jiangnan, an area famous  
among Chinese for its subtle  
cuisine--and now revealed to  
us. Land of Fish and Rice  
closes on a strikingly  
humble note, with Dunlop  
thanking her Chinese friends  
for their help, adding she  
"could never do justice to  
their extraordinary culinary  
tradition."

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About Land of Fish and Rice. The Lower Yangtze region or Jiangnan, with its modern capital Shanghai, has been known since ancient times as a 'Land of Fish and Rice'. For centuries, local cooks have been using the plentiful produce of its lakes, rivers, fields and mountains, combined with delicious seasonings and flavours such as rice vinegar, rich soy sauce, spring onion and ginger, to create a cuisine that is renowned in China for its delicacy and beauty.

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Land of Fish and Rice:  
Recipes from the Culinary  
Heart of China by Dunlop,  
Fuchsia at AbeBooks.co.uk -  
ISBN 10: 1408802511 - ISBN  
13: 9781408802519 -  
Bloomsbury Publishing - 2016  
- Hardcover

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The region, which today is  
known for its modern  
metropolis of Shanghai, has  
been recognised as the Land  
of Fish and Rice since  
ancient times. Local cooks



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Have benefited from its  
plentiful produce,...

~~Cuisine from the Land of  
Fish and Rice, from steamed~~

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This wonderful region has been known since ancient times as a 'Land of Fish and Rice'. For centuries, local cooks have been using the plentiful produce of its lakes, rivers, fields and mountains, combined with delicious flavourings such as rice wine, vinegar, soy sauce, spring onion and ginger, to create a cuisine that is renowned in China for its delicacy and beauty.

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~~edition now out!~~ | Fuchsia  
Dunlop

For centuries, local cooks have harvested the bounty of its lakes, rivers, fields, and mountains to create a cuisine renowned for its delicacy and beauty. In Land of Fish and Rice, Fuchsia Dunlop draws on years of study and exploration to present the recipes, techniques, and ingredients of the Jiangnan kitchen. You will be inspired to try classic dishes such as Beggar's Chicken and sumptuous Dongpo Pork, as well as fresh, simple recipes such as Clear-Steamed Sea Bass and Fresh Soybeans ...

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~~Books | Fuchsia Dunlop~~  
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Isbn: B07ZJGB4DP | Author: Fuchsia Dunlop | Page: 643 | Year: 2016 Description:

"Fuchsia Dunlop . . . has done more to explain real Chinese cooking to non-Chinese cooks than anyone."  
-Julia Moskin, New York Times The...

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Land of Fish and Rice:  
Recipes from the Culinary  
Heart of China by Fuchsia  
Dunlop Goat and radish stew  
(Bai tang yang rou) (page

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103) Chicken with young  
ginger (Nen jiang chao zi  
ji) (page 106) Beggar's  
chicken (Jiao hua tong ji)  
(page 108) Stewed chicken  
with chestnuts (Ban li shao  
ji) (page 113) ...

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Land of Fish and Rice is her  
first book celebrating the  
Jiangnan region. The only  
city most of us would  
recognize in the Jiangnan  
region is Shanghai, but  
Dunlop says "it is just a  
gateway... (to a region renown  
for) beauty of its scenery,  
the elegance of its literary  
culture, the glittering

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Wealth of its cities and the  
exquisite pleasures of ...

~~Land of Fish and Rice | Pen  
& Fork~~

Land of Fish and Rice :  
Recipes from the Culinary  
Heart of China. 'Fuchsia  
Dunlop, our great writer and  
expert on Chinese  
gastronomy, has fallen in  
love with this region and  
its cuisine and her book  
makes us fall in love  
too' Claudia ...

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