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Essential oils are the fragrant oils that are present in many plants. Hundreds of plants yield essential oils that are used as perfumes, food flavorings, medicines, and as fragrant and antiseptic additives in many common products. Essential oils

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Oils have been used for thousands of years.

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The updated edition of The Encyclopedia Of Essential Oils by Julia Lawless is an outstanding reference that covers 182 essential oils. It is suitable for beginners and as a reference for more advanced

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compounds from natural sources, usually plants. They are not oils in a strict sense, but often share with oils a poor solubility in water. Essential oils often have an odor and are therefore used in food flavoring and perfumery.

List of essential oils - Wikipedia

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Essential oil, highly volatile substance isolated by a physical process from an odoriferous plant of a single botanical species. The oil bears the name of the plant from which it is derived; for

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Oils. For example, rose oil or peppermint oil. Such oils were called essential because they were thought to

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Lavandula (common name lavender) is a
genus of 47 known species of flowering
plants in the mint family, Lamiaceae. It is
native to the Old World and is found in
Cape Verde and the Canary Islands, and

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