

Dance Anatomy And Kinesiology

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Karen Clippinger Education

Karen Clippinger's first edition of Dance Anatomy and Kinesiology was hailed as the definitive text on the topic. This new edition builds on that success by retaining its scientific perspective while making the material more accessible to students and teachers.

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Binita 's explorations of body mind brain integration began initially through dance, as a Kathak practitioner. She followed this by engaging in the study of Kinesiology to learn practical skill and knowledge of working with the body, which also helped her recover from injuries suffered in a car crash.

Binita Sama-Zakaria - Clerkenwell Islington Clinics

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